

THE HARMONY OF COLOUR SERIES

BOOK SIXTY FIVE

AMAZING AUTUMN

Stressed out at work? Are the pressures of the world getting you down? We guarantee relaxation with these complex Zen and anti-stress colouring pages for adults.

Harmony of Colour Book Sixty Five: Amazing Autumn offers detailed images and patterns that are chosen by experts for their soothing properties.

Be aware of the overall harmony of your colouring rather than focusing on each element individually. Try to balance the colours so that they are a reflection of your emotions of the moment. If the colours of your page are in harmony, then your mind will follow!

Now... grab your pencils or textas and de-stress...



Find Harmony of Colour on Facebook:

www.facebook.com/harmonyofcolour

Follow us on Instagram:

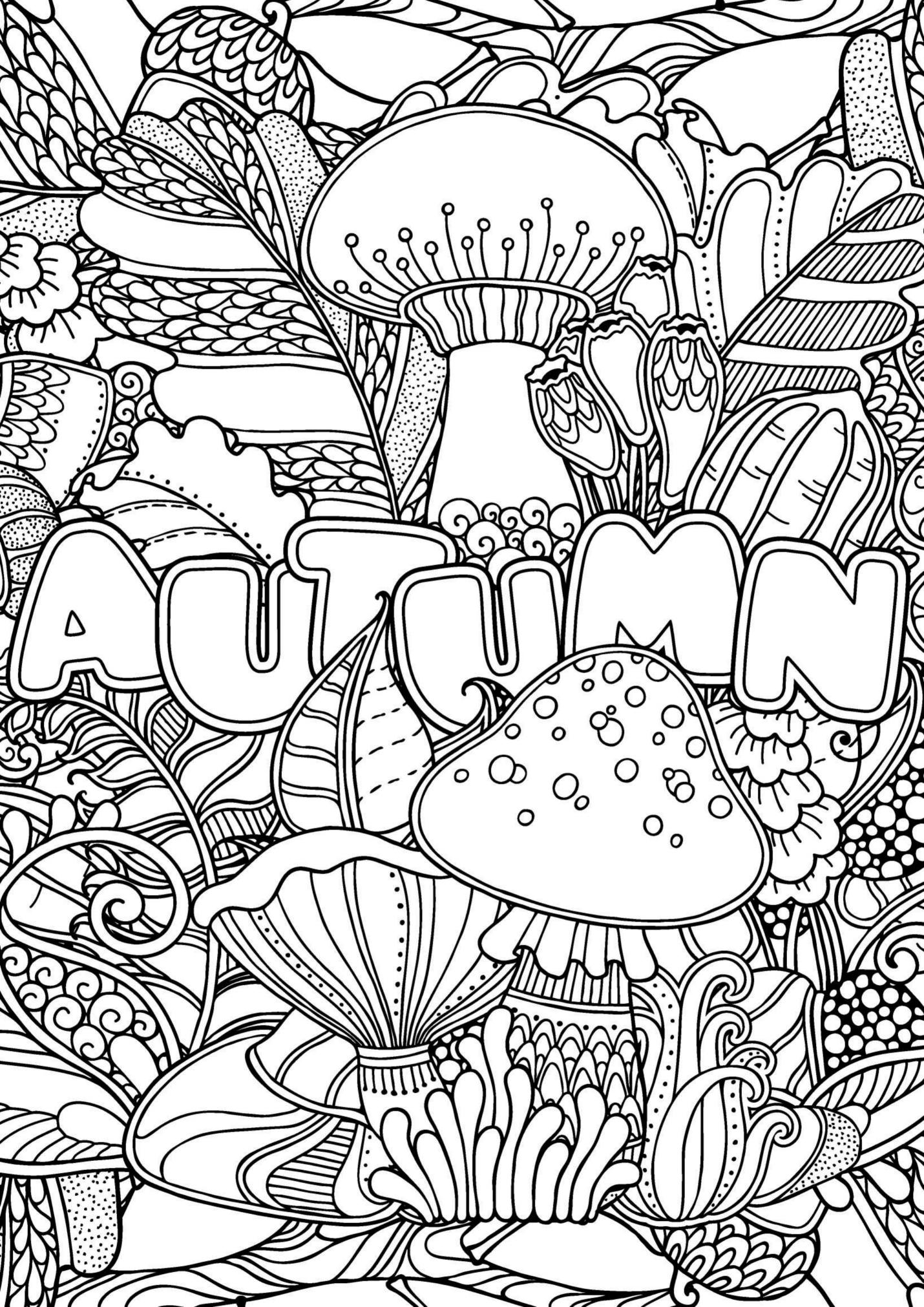
@harmonyofcolour



PO Box 230 Double Bay NSW 1360 +612 9363 1464

Editor: Natalie Downs
Creative Director: Luke Shaddock
Managing Director: Michael Downs

All images: Shutterstock



"For man, autumn is a time of harvest, of gathering together. For nature, it is a time of sowing, of scattering abroad."

— Edwin Way Teale —

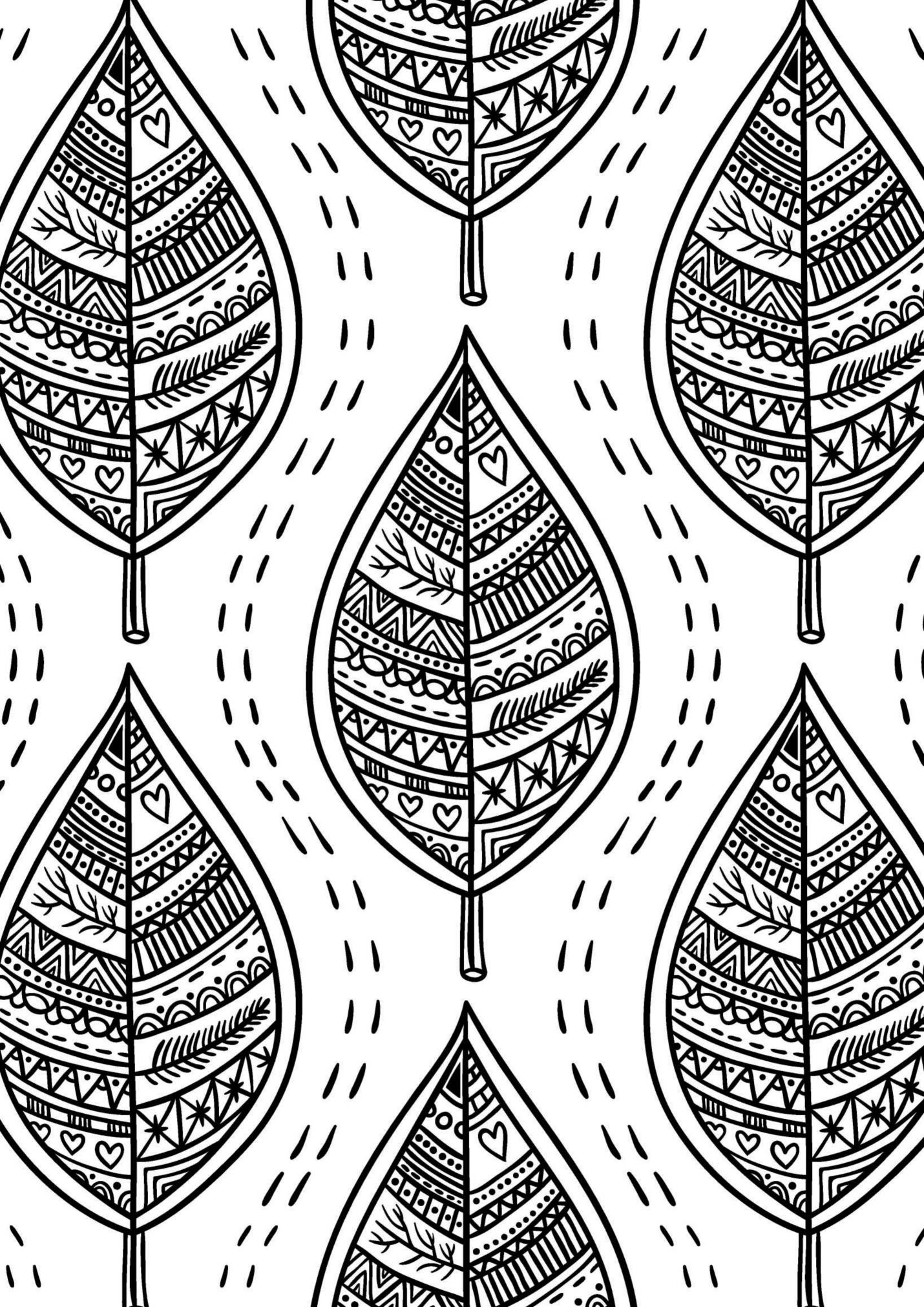


Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"Winter is an etching, spring a watercolor, summer an oil painting and autumn a mosaic of them all."

— Stanley Horowitz —

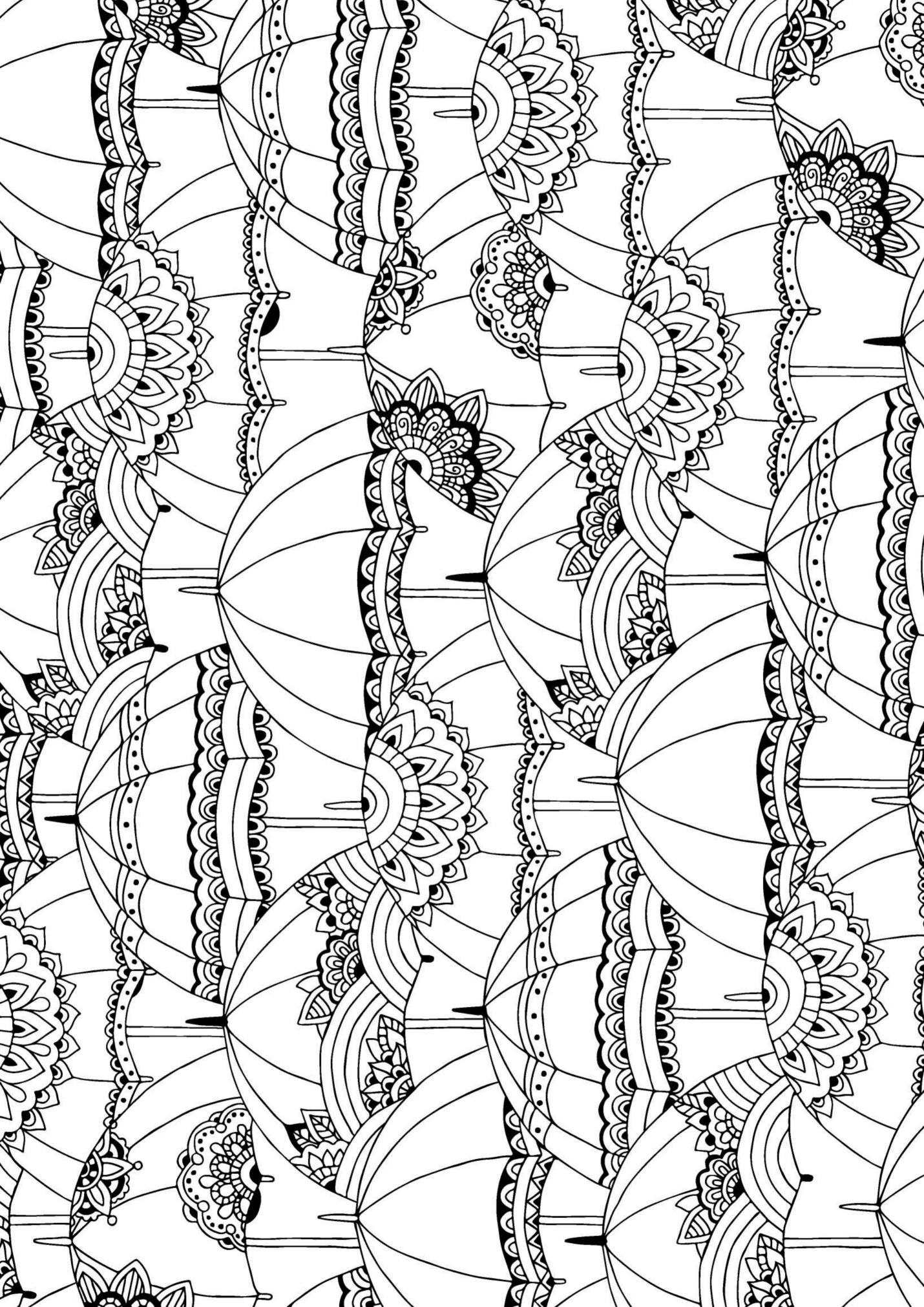


Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"Autumn carries more gold in its pocket than all the other seasons."

— Jim Bishop —



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"Every leaf speaks bliss to me, fluttering from the autumn tree."

— Emily Bronte —

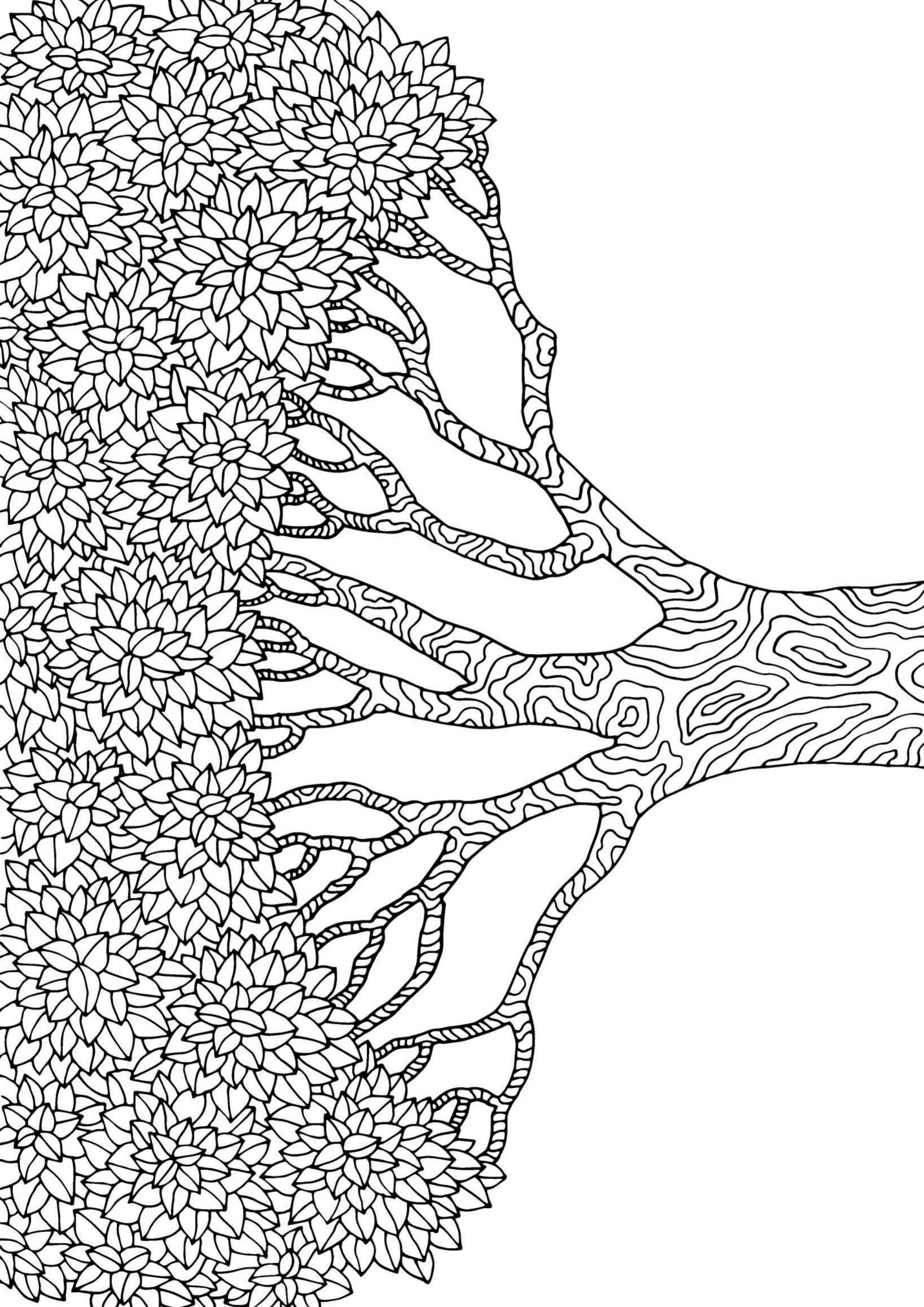


Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"The autumn is old; The sere leaves are flying; He hath gather'd up gold, And now he is dying; Old age, begin sighing!"

— Thomas Hood —

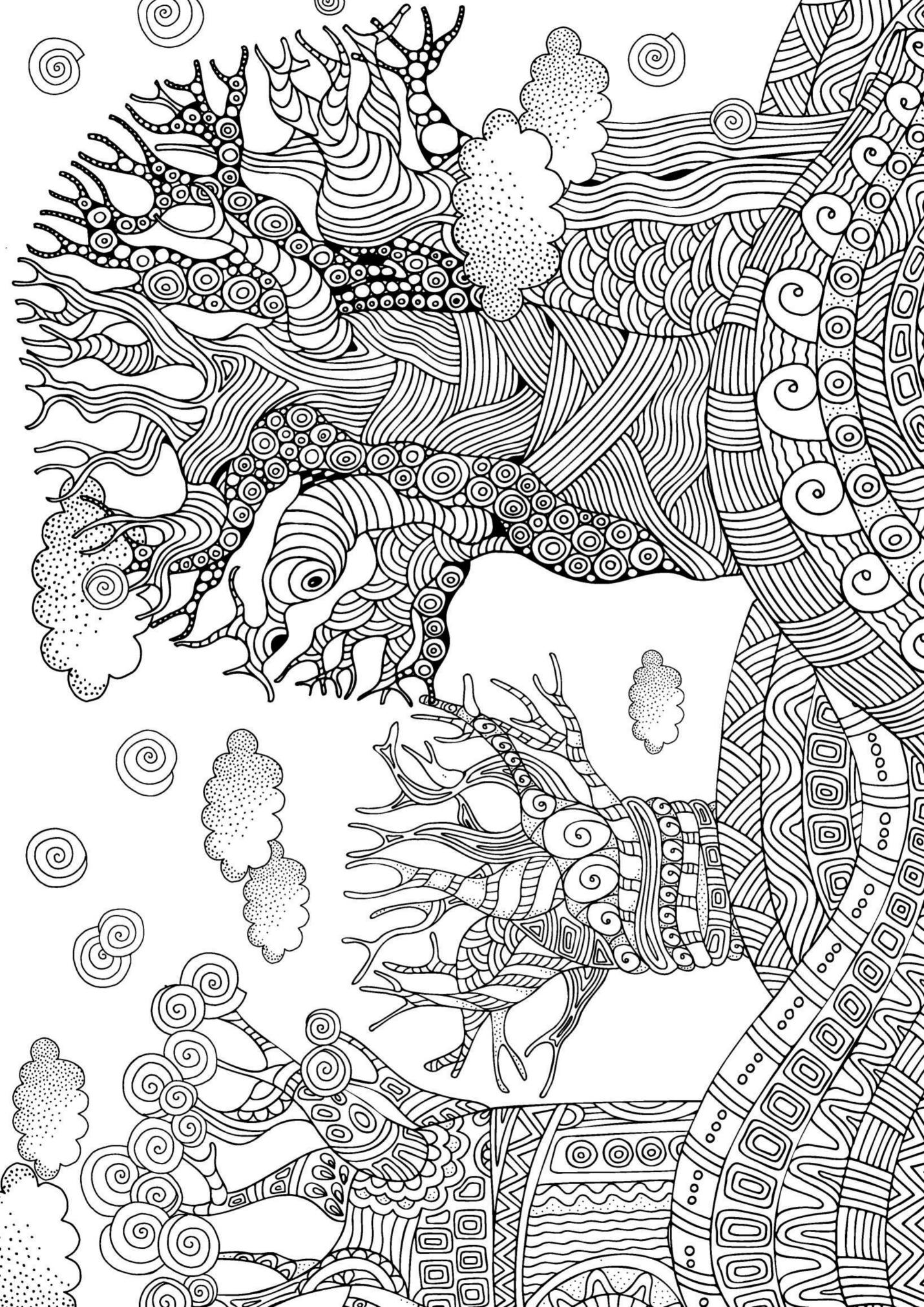


Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"The teeming autumn big with rich increase, bearing the wanton burden of the prime like widowed wombs after their lords decease."

— William Shakespeare —

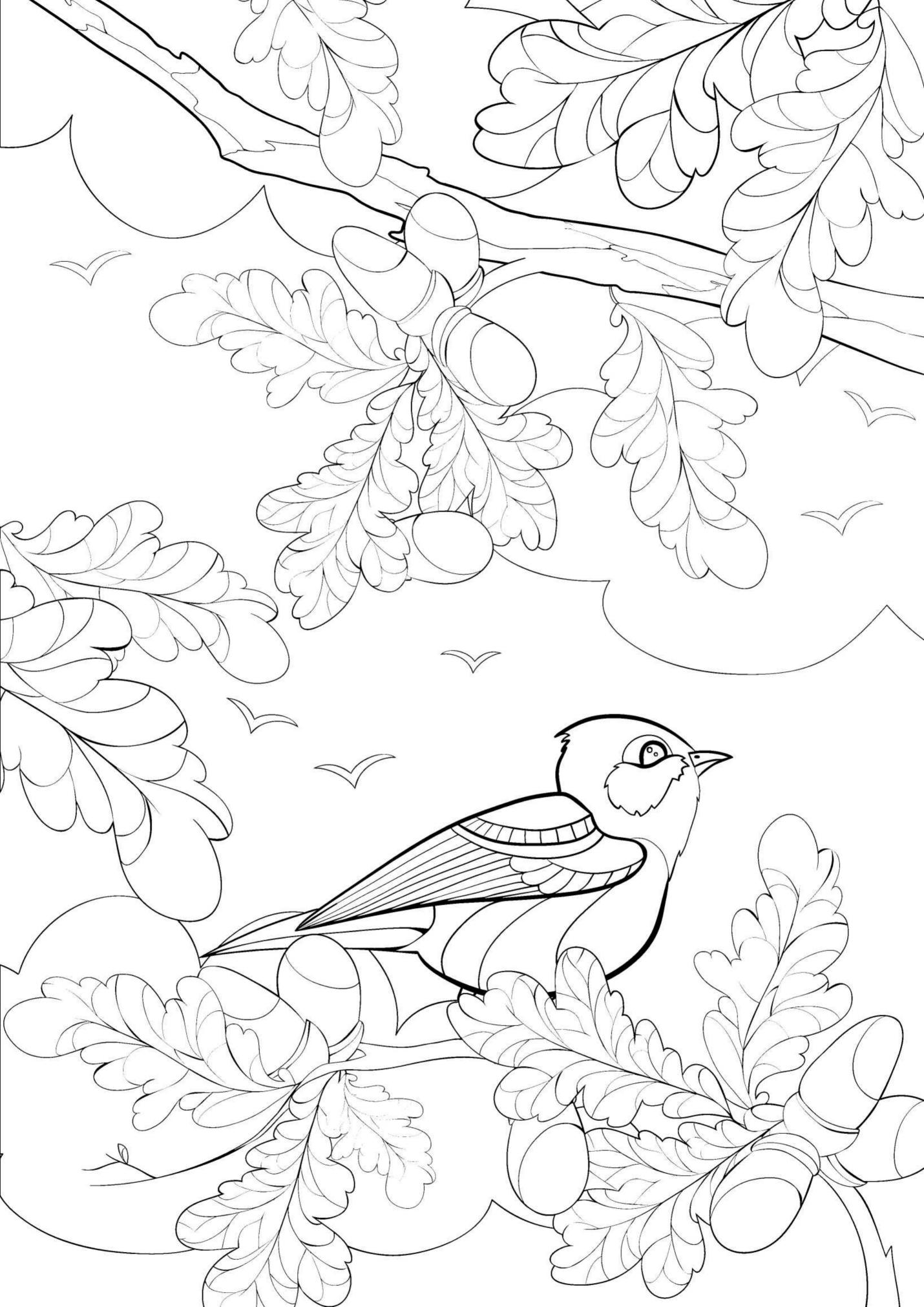


Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"No man can taste the fruits of autumn while he is delighting his scent with the flowers of spring."

— Samuel Johnson —



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"Delicious autumn! My very soul is wedded to it, and if I were a bird I would fly about the earth seeking the successive autumns."

— George Eliot —



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"Wild is the music of autumnal winds the faded woods."

William Wordsworth —

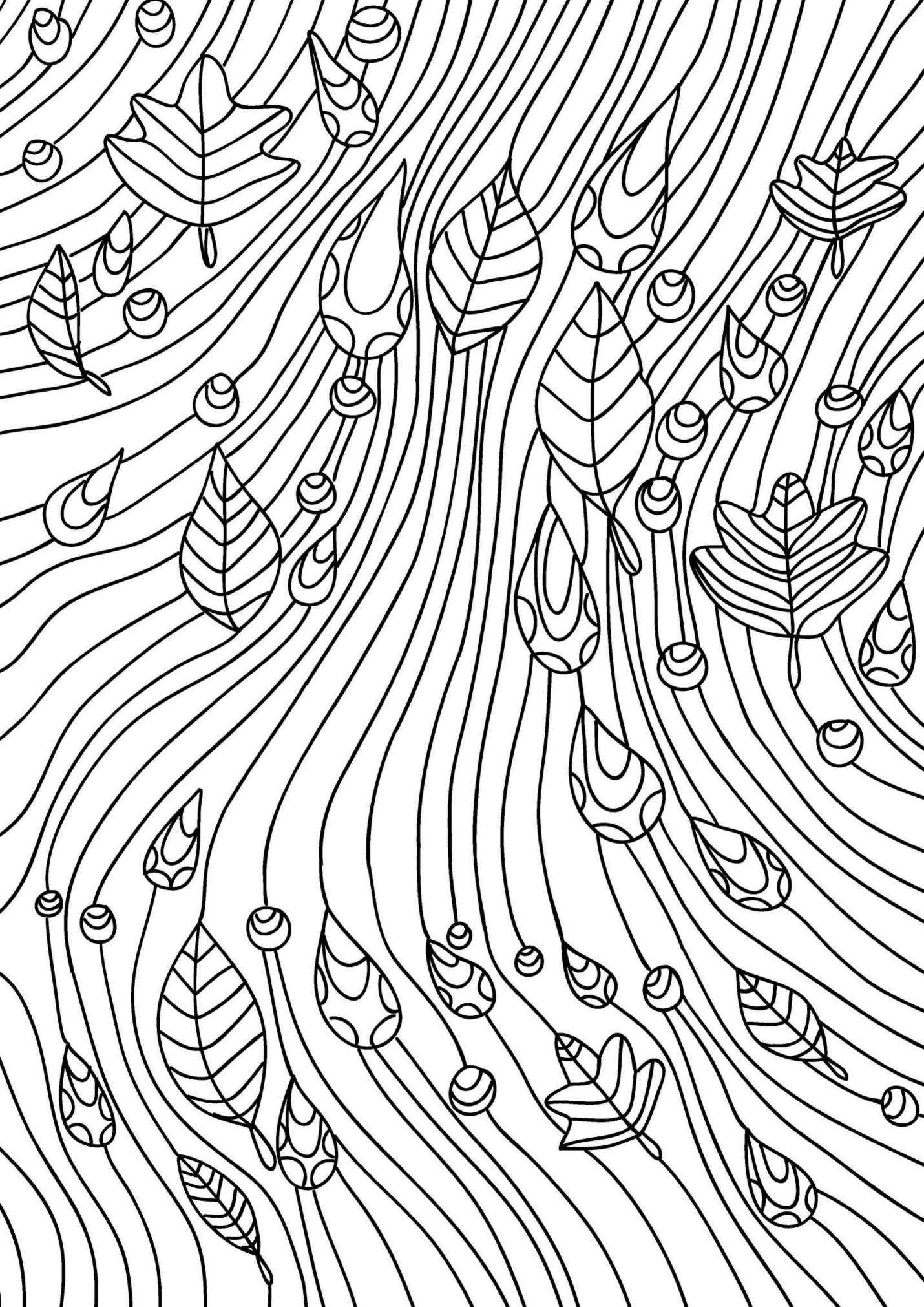


Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"There is a harmony in autumn, and a luster in its sky, which through the summer is not heard or seen, as if it could not be, as if it had not been!"

— Percy Bysshe Shelley —



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"Nothing is more fleeting than external form, which withers and alters like the flowers of the field at the appearance of autumn."

— Umberto Eco —



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"If winter is slumber and spring is birth, and summer is life, then autumn rounds out to be reflection. It's a time of year when the leaves are down and the harvest is in and the perennials are gone. Mother Earth just closed up the drapes on another year and it's time to reflect on what's come before."

— Mitchell Burgess —

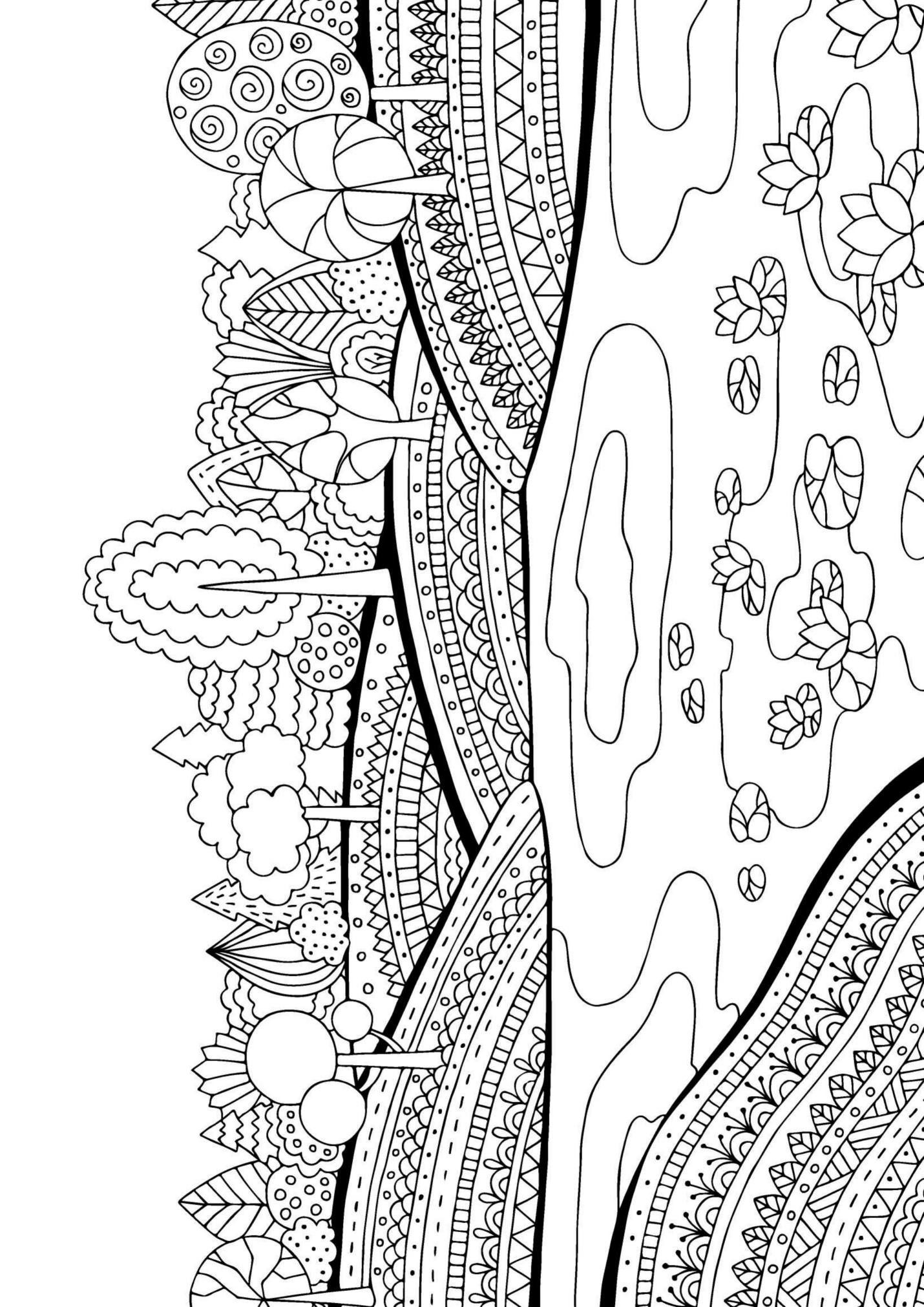


Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"Thus sung the shepherds till th' approach of night, the skies yet blushing with departing light, when falling dews with spangles deck'd the glade, and the low sun had lengthened every shade."

— Alexander Pope —



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"Is not this a true autumn day? Just the still melancholy that I love—that makes life and nature harmonise."

— George Eliot —



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"And all the lives we ever lived and all the lives to beare full of trees and changing leaves..."

— Virginia Woolf —



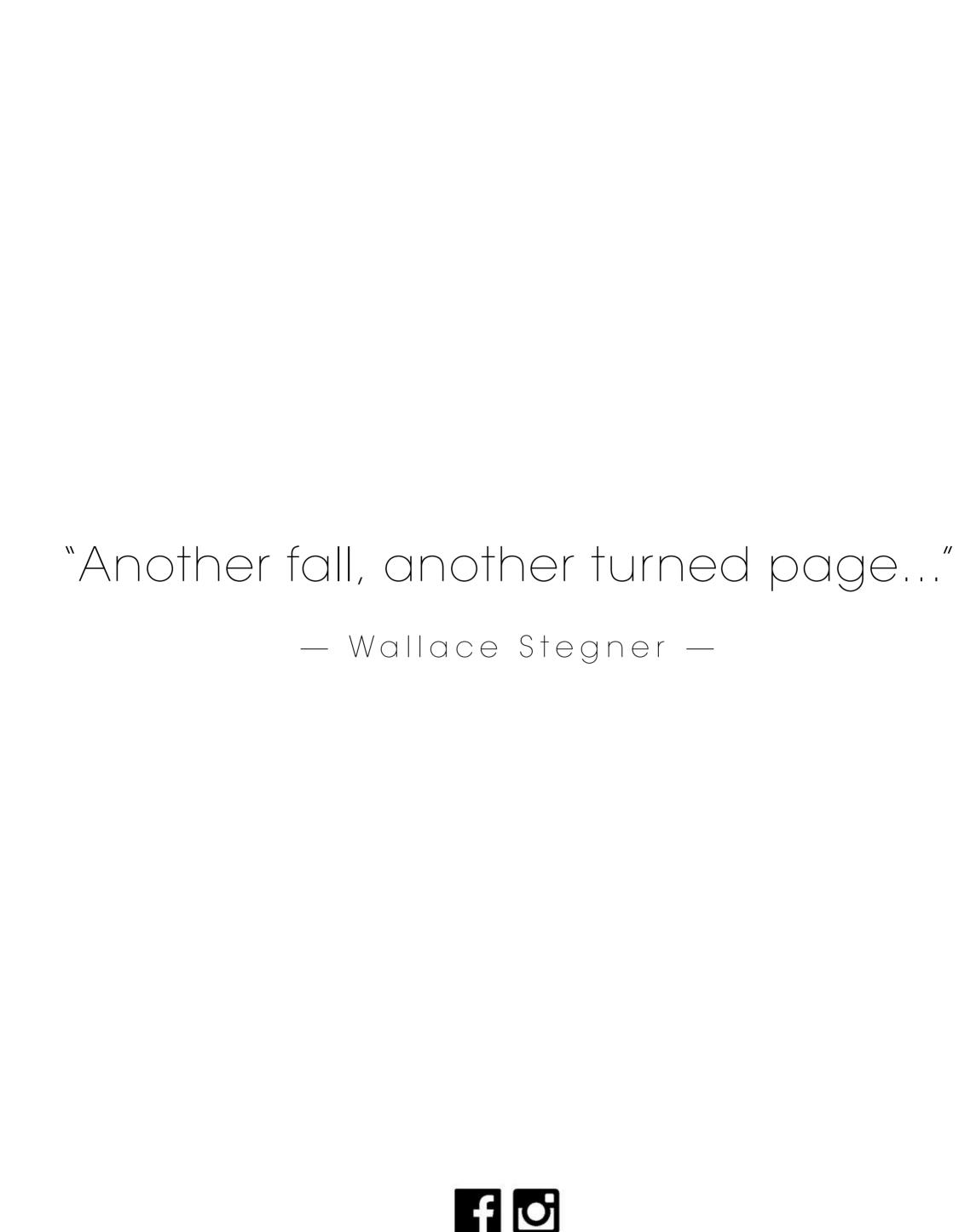
Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:







Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"Autumn shows us how beautiful it is to let things go."

— Unknown —



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"Love the trees until their leaves fall off, then encourage them to try again next year."

— Chad Sugg —



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"Autumn is a second spring when every leaf is a flower."

— Albert Camus —



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"Notice that autumn is more the season of the soul than of nature."

— Friedrich Nietzsche —



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"I hope I can be the autumn leaf, who looked at the sky and lived. And when it was time to leave, gracefully it knew life was a gift."

Dodinsky —



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"And the sun took a step back, the leaves lulled themselves to sleep and autumn was awakened."

— Raquel Franco—



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"How beautiful the leaves grow old. How full of light and colour are their last days."

— John Burroughs—



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"Dancing of the autumn leaves on a surface of a lake is a dream we see when we are awake."

Mehmet Murat IIdan

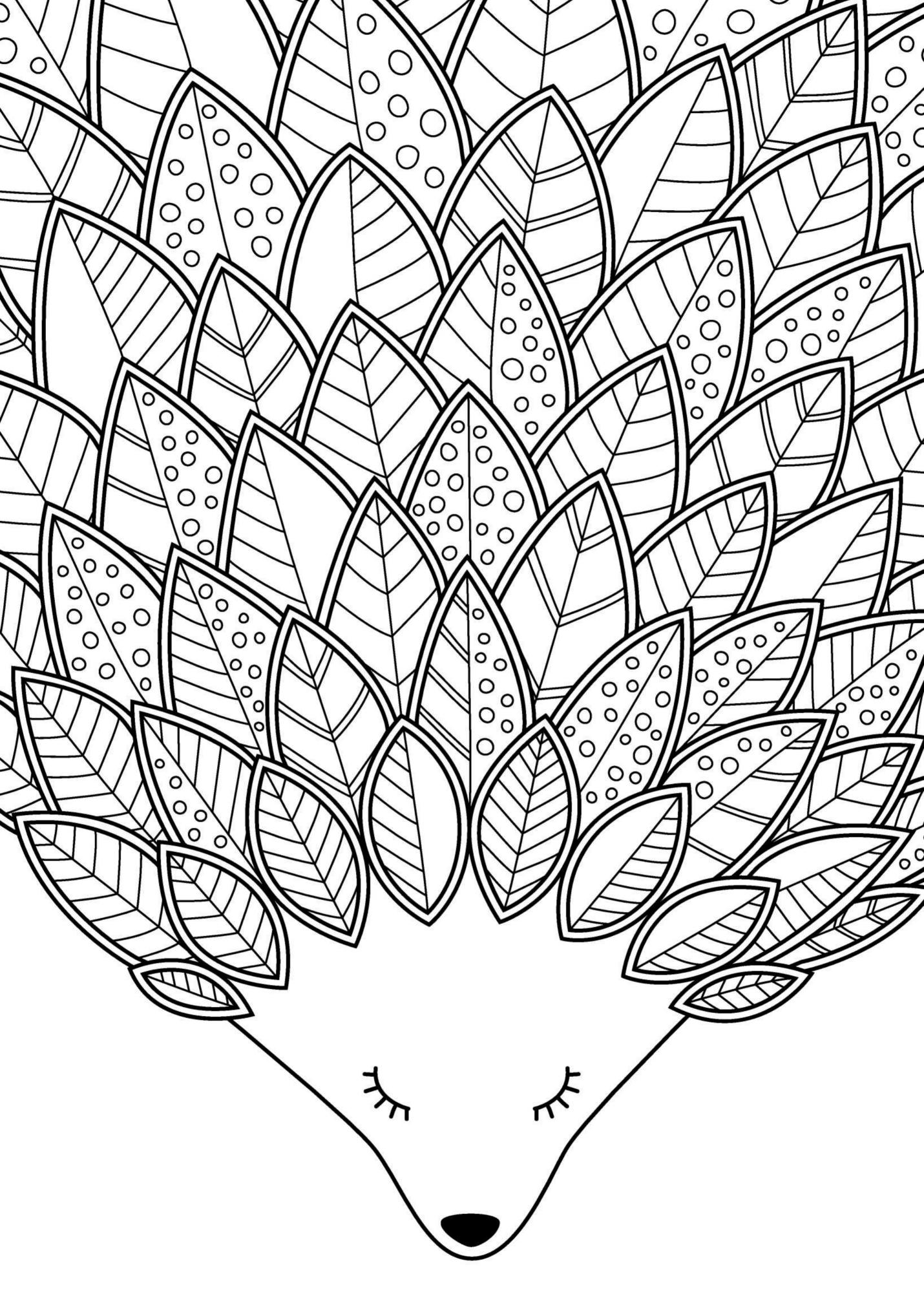


Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"Anyone who thinks fallen leaves are dead has never watched them dancing on a windy day."

— Shira Tamir—

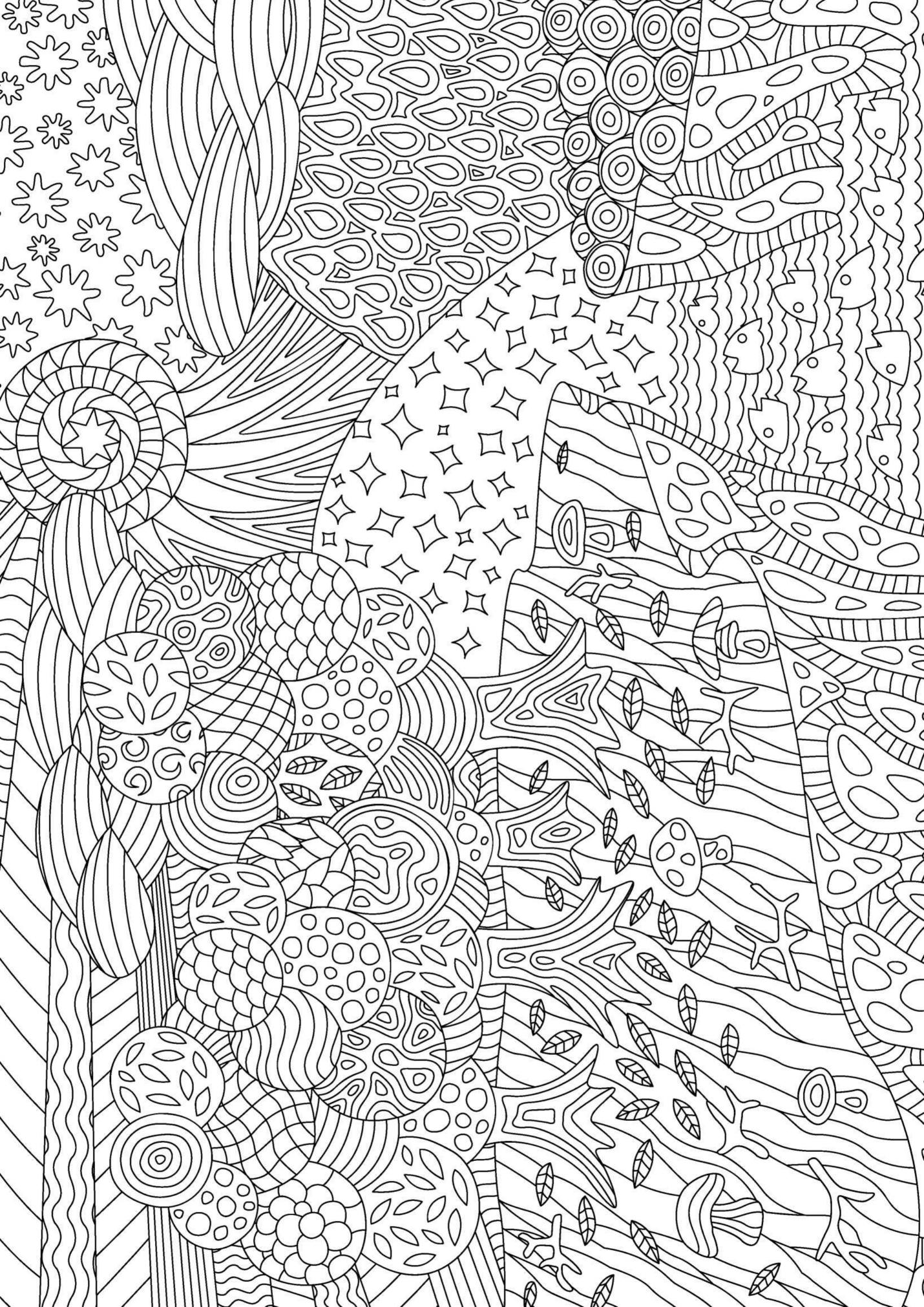


Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"Fall has always been my favourite season. The time when everything bursts with its last beauty, as if nature had been saving up all year for the grand finale."

— Lauren DeStefano—



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"There is something incredibly nostalgic and significant about the annual cascade of autumn leaves."

— Joe L. Wheeler—



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"I see the turning of a leaf dancing in an autumn sun, and brilliant shades of crimson glowing when the day is done."

— Hazelmarie Mattie Elliott—



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"The most beautiful carpet is the carpet made of autumn leaves!"

— Mehmet Murat IIdan—



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"Autumn arrives in early morning, but spring at the close of a winter day."

— Elizabeth Bowen—

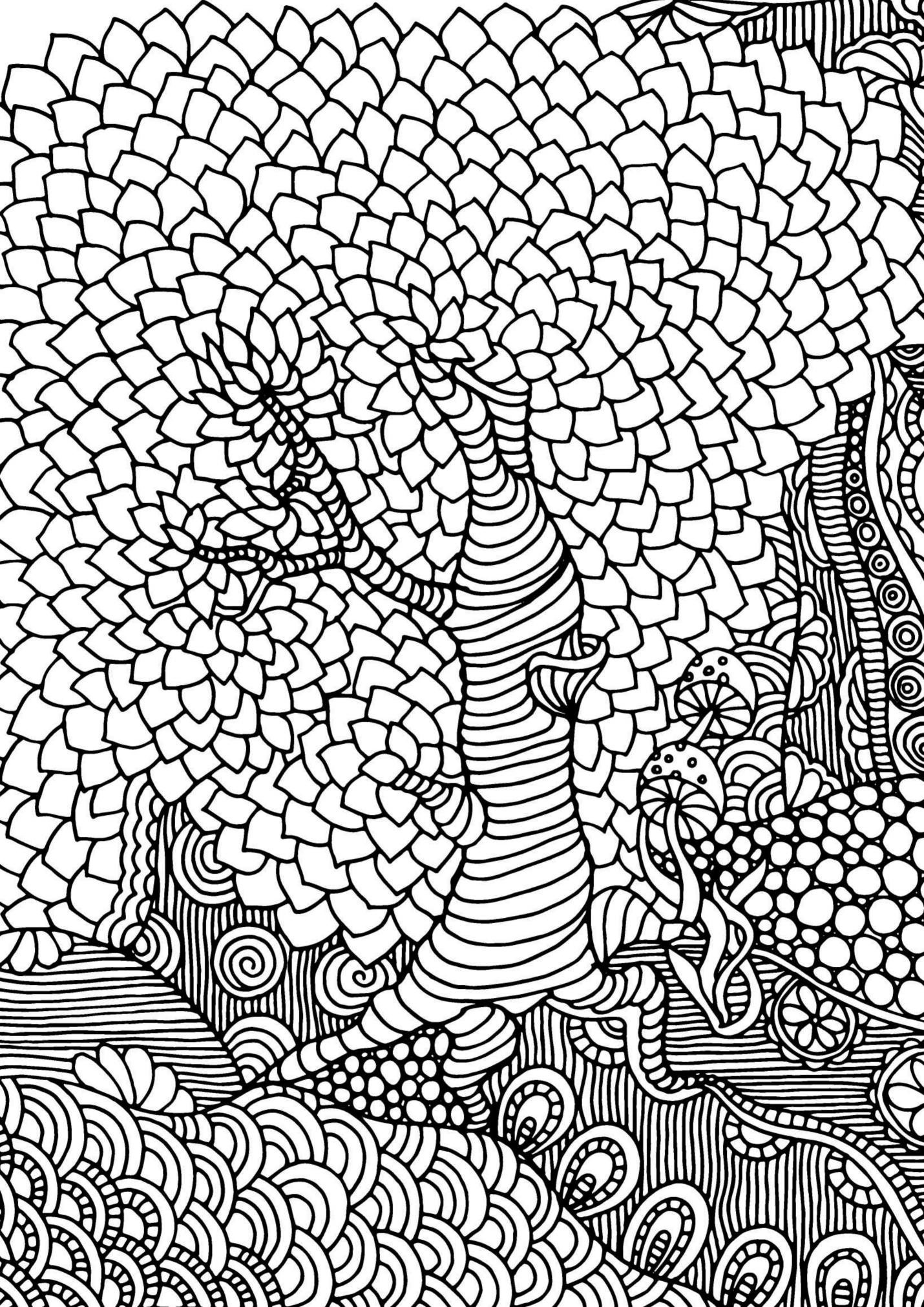


Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"Unless a tree has borne blossoms in spring, you will vainly look for fruit on it in autumn."

— Walter Scott —



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"Why is it that so many of us persist in thinking that autumn is a sad season? Nature has merely fallen asleep, and her dreams must be beautiful if we are to judge by her countenance."

Samuel Taylor Coleridge



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"I love the autumn for its sense of melancholy seems to strike my need for sadness. There is poetry in the dying of the year and mystery as well."

— Kyffin Williams —

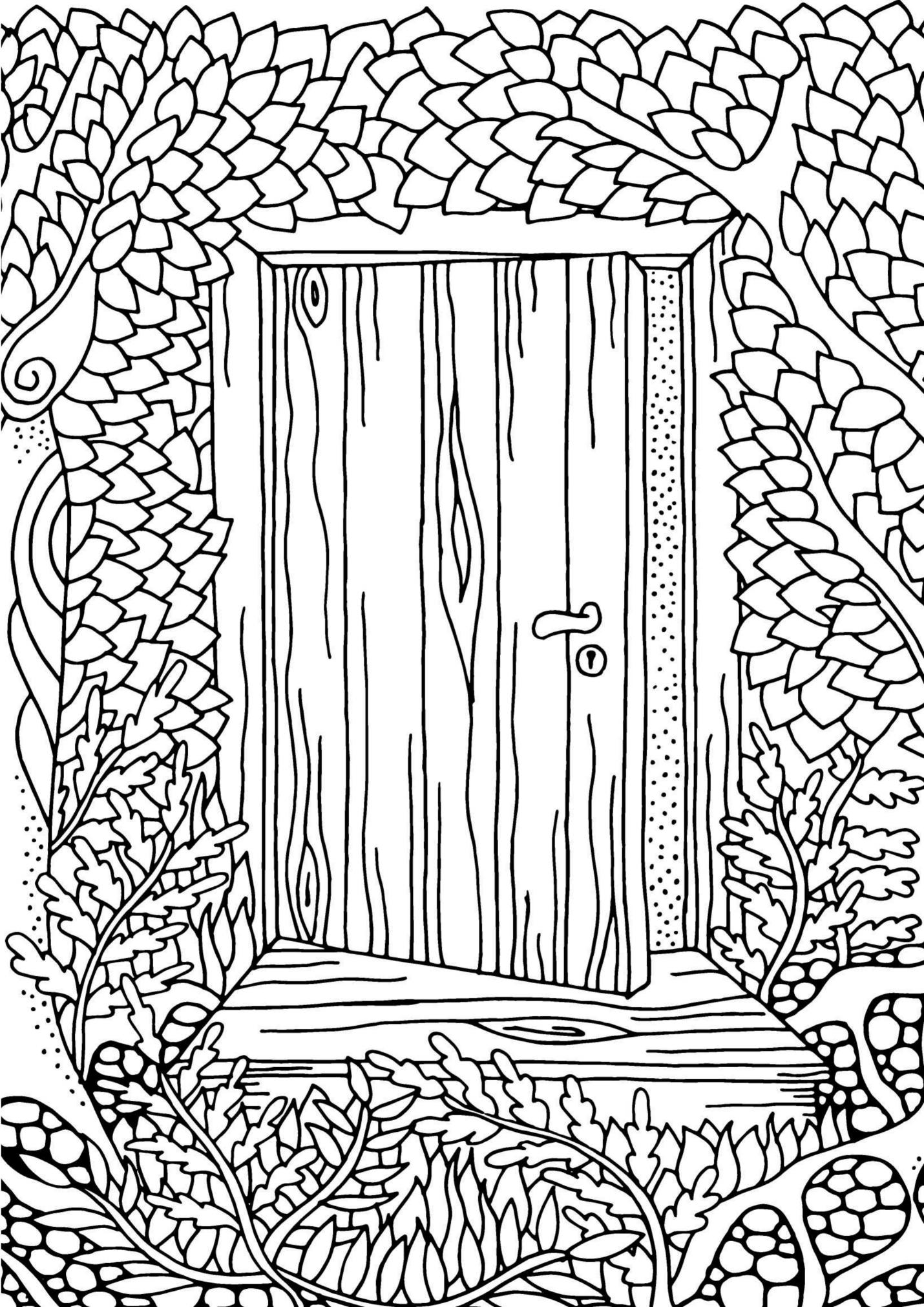


Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"Listen! The wind is rising, and the air is wild with leaves, we have had our summer evenings, now for October eves!"

— Humbert Wolfe —



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"As long as autumn lasts, I shall not have hands, canvas and colours enough to paint the beautiful things I see."

— Vincent Van Gogh —



Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



"Spring passes and one remembers one's innocence. Summer passes and one remembers one's exuberance. Autumn passes and one remembers one's reverence. Winter passes and one remembers one's perseverance."

— Yoko Ono —

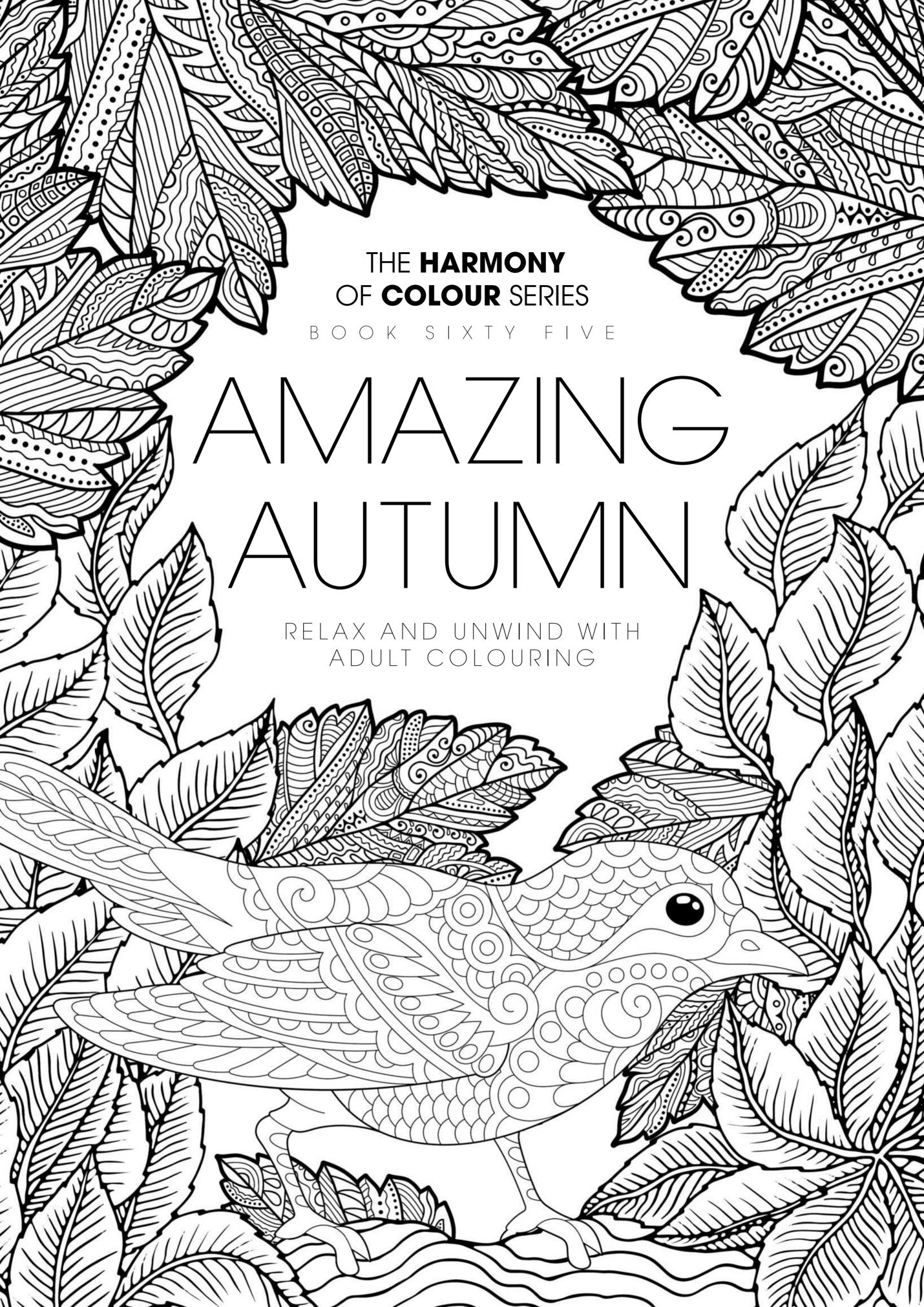


Share your creation with the Harmony of Colour community!

Facebook:

www.facebook.com/harmonyofcolour

Instagram:



THE ENTIRE HARMONY OF COLOUR COLLECTION













NUCLEAR. COM. AU/SHOP

BOOK SIXTY SIX COMING MAY 2020